

February 2025 EHS 6-11m Breakfast & Snack Menu



EDMONDS COLLEGE
HEAD START, EARLY
HEAD START, AND ECEAP



Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>Infant Cereal Pineapple Tidbits</p> <hr/> <p>WGR Goldfish Crackers Applesauce</p>	<p>5</p> <p>Yogurt Bananas</p> <hr/> <p>Cheerios Peaches</p>	<p>6</p> <p>Cottage Cheese Mandarin Oranges</p> <hr/> <p>Chex Cereal Pineapple Tidbits</p>	<p>7</p> <p>Diced Cheese Cheerios Peaches</p> <hr/> <p>WGR Banana Bites Pears</p>
<p>11</p> <p>Infant Cereal Pineapple Tidbits</p> <hr/> <p>WGR Goldfish Crackers Applesauce</p>	<p>12</p> <p>Yogurt Mandarin Oranges</p> <hr/> <p>Cheerios Peaches</p>	<p>13</p> <p>Cottage Cheese Pears</p> <hr/> <p>Chex Cereal Melon</p>	<p>14</p> <p>Diced Cheese Chex Cereal Applesauce</p> <hr/> <p>WGR Blueberry Bites Mandarin Oranges</p>
<p>18</p> <p>Infant Cereal Pineapple Tidbits</p> <hr/> <p>WGR Goldfish Crackers Peaches</p>	<p>19</p> <p>Yogurt Applesauce</p> <hr/> <p>Cheerios Pears</p>	<p>20</p> <p>Cottage Cheese Peaches</p> <hr/> <p>Chex Cereal Mandarin Oranges</p>	<p>21</p> <p>Diced Cheese Cheerios Pears</p> <hr/> <p>Cheerios Pineapple Tidbits</p>
<p>25</p> <p>Infant Cereal Mandarin Oranges</p> <hr/> <p>WGR Goldfish Crackers Applesauce</p>	<p>26</p> <p>Yogurt Bananas</p> <hr/> <p>Cheerios Kiwi</p>	<p>27</p> <p>Cottage Cheese Peaches</p> <hr/> <p>Chex Cereal Pineapple Tidbits</p>	<p>28</p> <p>No Classes</p>

February is National Heart Month!



This month is all about taking care of your heart health! Help your family have healthy hearts by:



"WGR" means "Whole Grain Rich" and specifies that the item contains at least 50% whole grains.

No peanut, nuts, or pork products are used in the preparation of any menu item.

Infants 0-11 months old are offered breast milk or formula.

Children 12-23 months old are offered whole milk and everyone over 24 months is offered 1% milk with lunch and breakfast.

This institution is an equal opportunity provider.