

August 2024 Breakfast & Snack Menu

Tuesday

Wednesday

Thursday

Friday

Cheerios
Peaches

Cheese and
Crackers
Tropical Fruit

6

WGR English Muffin
w/ Sun Butter
Applesauce

WGR Zucchini Bread
Mandarin Oranges

7

Yogurt w/ WGR C
Topping
Mandarin Oranges

WGR English Muffin
w/ Sun Butter
Bananas

1

WGR Bagel w/
Cream Cheese
Mini Apples

WGR Blueberry
Muffins
Pears

2

WGR Banana
Muffins
Pears

Kix Cereal
Orange Wedges

8

Yogurt w/ Oat Topping
Peaches

Snack Mix
(Cereal, Crackers,
Dried Fruit)
Pineapple Tidbits

9

"WGR" means "Whole Grain Rich" and specifies that the item contains at least 50% whole grains.

No peanut, nuts, or pork products are used in the preparation of any menu item. Milk (1% low fat) is served with every lunch & Breakfast.



EDMONDS COLLEGE
HEAD START AND
EARLY HEAD START



This institution is an equal opportunity provider.