



EDMONDS COMMUNITY COLLEGE
CREATIVE RETIREMENT
INSTITUTE (CRI)

Quality, Affordable Classes for Lifelong Learners!



SPRING 2019 APRIL 1 - JUNE 13
CLASS SCHEDULE AND CALENDAR

Registration Begins: February 21, 2019

www.edcc.edu/cri

C851	4/1	M	MAB	I Didn't Know You Could Do That! Computer Tips, Tricks and Other Accommodations	Boston, B.	\$12	6
C919	4/1 - 4/22	M	MAB	Literature Gone to the Dogs	McGuire, W.	\$48	7
C879	4/2 - 4/23	T	MAB	Democracy in America, Redux	Berg, E.	\$48	5
C917	4/2 - 4/23	T	MAB	Shakespeare's <i>As You Like It</i> *	Taylor, S.	\$48	9
C905	4/2 - 4/23	T	FBC	A Swift Survey of American History: A Country in Crisis: 1850-1870 Section A *	Busch, K.	\$36	10
C901	4/3 - 4/24	W	GWY	America in the Gilded Age: 1875-1896 *	Rigali, J.	\$48	4
C893	4/3 - 4/10 6/7 - 6/14	W F	MAB	Are You Dyxlesic?	Worcester, A.	\$24	4
C863	4/3 - 4/24	W	GWY	Victorian Radicals: From the Pre-Raphaelites to the Arts and Crafts Movement	Albiani, R.	\$40	10
C947	4/4 - 4/25	Th	MAB	Celtic Wisdom	Stahl, R.	\$48	4
C877	4/5 - 4/26	F	MAB	Inequality in a Capitalist Society - Updated	Paskin, S.	\$48	7
C861	4/5	F	MAB	Art and Activism: Wildlife and Wilderness	Ebi, K.	\$12	4
C959	4/8 - 4/15	M	MAB	Birds of the Pacific Northwest	Brown, C.	\$24	4
C873	4/11 - 4/18	Th	MAB	Insider's View of the Superior Court System	Rutter, J.	\$24	7
C871	4/12 - 4/26	F	LSC	Economics and Nationalism: Threats to the European Union *	Montalvo, M.	\$36	5
C909	4/12 - 4/26	F	MAB	The Great War: End of Civilization *	Kerr, L.	\$36	6
C859	4/17	W	MAB	Safe Access Options: Making/Managing Passwords and More	Boston, B.	\$12	9
C957	4/22 - 5/13	M	MAB	Geology of the Pacific Northwest	Charnley, D.	\$48	6
C991	4/25 - 5/16	Th	MAB	Why the Hammer Never Fell: Examining the Cold War	Szarek, C.	\$48	10
C881	4/29 - 5/6	M	MAB	Economic Inequality in Public Schools: Birth of a New Aristocracy	David, R.	\$24	5
C895	4/30 - 5/7	T	MAB	The Opioid Crisis	Beatty, M.	\$24	8
C945	5/1 - 5/22	W	MAB	Exploring Difficult Bible Stories *	Gibson, R.	\$48	5
C891	5/1 - 5/22	W	GWY	Toxic Chemicals and Your Hormones: Health Effects and How to Reduce Exposure *	Solomon, F.	\$48	10
C963	5/1 - 5/15	W	MAB	Meeting the Challenge of Global Climate Change *	Gammon, R.	\$36	8
C875	5/1 - 5/22	W	GWY	The Politics of Technology: Using Your Data for Fun and Profit *	Gray, T.	\$48	8
C857	5/2	Th	MAB	Staying Clear of Tech Support Scams	Boston, B.	\$12	9
C923	5/3 - 5/24	F	MAB	Great Rivers, Great Music *	Parker, C.	\$48	6
C965	5/3	F	MAB	Life in the Intertidal	Behymer, C.	\$12	7
C903	5/9 - 5/16	Th	MAB	Brief History of Latinos in the United States	Gomez, A.	\$24	4
C907	5/10 - 5/31	F	LSC	A Swift Survey of American History: A Country in Crisis: 1850-1870 Section B *	Busch, K.	\$36	10
C937	5/10 - 5/24	F	MAB	What Big Data Tell Us About Ourselves *	Silver, H.	\$36	10
C961	5/13 - 6/10	M	MAB	Shorelines of the World	Khandro, L.	\$48	9
C925	5/14 - 5/21	T	MAB	Reach for the Stars *	Miner, E.	\$24	9
C853	5/21 - 5/28	T	MAB	iPad for Grownups Section A *	Schwarz, K.	\$24	7
C911	5/22 - 6/12	W	MAB	Out of Sync *	Hanson, K.	\$48	8
C921	5/23 - 6/13	Th	MAB	A Look at the Caustic Humour and Insight of Muriel Spark	Enstad, V.	\$48	7
C915	5/23 - 6/13	Th	MAB	Fact and Fiction *	Gallery, J.	\$12	6
C913	5/23 - 6/13	Th	MAB	Poems and Lore of the Viking Age *	Taylor, S.	\$48	8
C855	5/24 - 5/31	F	MAB	iPad for Grownups Section B * CANCELLED	Schwarz, K.	\$24	7
C897	5/28 - 6/11	T	MAB	How Can Americans Live Longer, Healthier Lives? *	Bezruchka, S.	\$36	6

PLEASE SEE PAGES 12 AND 13 FOR VENUE INFORMATION AND DIRECTIONS.

The Creative Retirement Institute is a member-driven, self-supporting organization whose mission is to provide affordable, quality lifelong learning opportunities to adults in a supportive environment.

LETTER FROM THE CHAIRMAN OF THE CRI ADVISORY BOARD

Our classes are the key to the success of CRI, and we are grateful for the effort of our Curriculum Committee members for recruiting new instructors and finding new courses. They do an outstanding job of evaluating course feedback forms and working with instructors to fill our classes with topics that will interest our members. Each quarter there is a diverse offering of courses and this year there are more than ever before to pique our interest. We hope you can find several that will meet your needs for both education and entertainment.

LET'S MAKE CRI HISTORY!

We're having our first MEMBER MEETING & RECEPTION!

DATE: Wed. February 27
TIME: 1-2:30pm
LOCATION: Gateway 352

Join us and be a part of a NEW CRI tradition!

- Catch up on CRI news
- Hear from Dr. Singh, the new Edmonds CC president
- Visit with old and new CRI friends!

RSVP by Wed. February 20
Email: cri@edcc.edu

Light refreshments will be served.

Dr. Singh will begin speaking at 1:15pm, so please arrive in time to settle in to hear from our new EdCC president.

WE HOPE TO SEE YOU THERE!

CRI hopes to give us all a break from the spring rains by taking one of our many interesting classes. One can discuss an in-depth analysis of a Shakespeare play showing in Seattle, learn about a current exhibit at the Seattle Art Museum, explore classical music, or study multiple views of history or current events.

CRI strives to offer affordable, high-quality adult classes for lifelong learning. As always, you can be sure that the instructors are informed, interesting, and will guide us through the subject matter in an entertaining way.



Jerry Hollingsworth
Chairman of the Advisory Board, Creative Retirement Institute

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COURSE DESCRIPTIONS | SPRING 2019

For the most up-to-date information on classes and events, please visit our website, www.edcc.edu/cri

America in the Gilded Age: 1875-1896

James Rigali
 C901 4/3 – 4/24
 4 Wednesdays 10am-12pm
 GWY 352 \$48

~~This class is concurrent with C893 Are You Dyxlesic?~~

The years from 1875-1896 were some of the most tumultuous in US history. Emergence of the modern American economy created some of the largest corporations in the world. By 1896 America was a global economic power and leading producer of food, coal, oil and steel, creating fortunes for men such as J.P. Morgan and John D. Rockefeller. Completion of the transcontinental railroad and the invention of the telephone and electric lights also saw the rise of labor unions and many political movements as Americans wrestled with problems created by widespread economic inequality, poverty and political corruption, raising many of the questions we struggle with today. What role should the government play in economic development? Do corporations have too much political power? Should government policy foster economic equality or economic opportunity? *James Rigali earned his PhD in history at UW and has taught American history at PLU, North Seattle CC, UW and CRI.*

Are You Dyxlesic?

Adam Worcester 6/7 - 6/14
 C893 4/3 - 4/10
~~2 Wednesdays~~ 2 Fridays 10am-12pm
 MAB 109 \$24

An overview of dyslexia and America's reading crisis. We will learn the best ways to teach dyslexic learners and give you hands-on experience trying them out. *Adam Worcester has spent 23 years tutoring dyslexic learners of all ages.*

Art and Activism: Wildlife and Wilderness

Kevin Ebi
 C861 4/5
 1 Friday 1-3pm
 MAB 109 \$12

For many of the national parks and wilderness areas that we treasure, captivating art has often preceded government protections. What is it about art that is able to inspire action? Paintings and photography have played roles over time to influence citizens and lawmakers. We will explore avenues for sharing that artwork, from environmental organizations to *National Geographic* to social media, and how use of those vehicles continues to evolve. *See Kevin Ebi's bio on page 8.*

JOIN US!
 Read about the many ways you can be a part of CRI on page 11.

Birds of the Pacific Northwest

Candy Brown
 C959 4/8 – 4/15
 2 Mondays 10am-12pm
 MAB 109 \$24

Enhance your ability to identify and understand the common birds of our region. We will explore anatomy, reproduction, foods & foraging and the habitats in which to find the birds. The sessions are entitled: 1-More Amazing Birds, 2-Hummingbirds. The course is geared toward beginning- to intermediate-level birders and is a continuation from the Winter class, although it is not necessary to have taken that class. *Candy Brown has a deep passion for birds. She began an intense study of birds when she joined Pilchuck Audubon Society and began working at PAWS Wildlife Hospital as a bird care specialist. Candy developed bird classes based on her education major in college. She enhanced her bird studies as a volunteer with the Washington Department of Fish & Wildlife and certified her backyard as a Wildlife Sanctuary in Edmonds where she has counted more than 60 different bird species.*

Brief History of Latinos in the United States

Andrew Gomez
 C903 5/9 – 5/16
 2 Thursdays 10:30am-12:30pm
 MAB 109 \$24

This course provides a broad overview of the history of Latin American peoples in the United States. The first session covers the creation of Mexican-American, Cuban-American and Puerto Rican communities in the 19th and early 20th century, and the second session focuses on the post-1965 period as a way of explaining how South Americans, Central Americans and other groups have further diversified the Latino population of the United States. We will consider how race, immigration politics, popular culture, foreign policy and other factors have shaped the experiences of Latinos. *Andrew Gomez is assistant professor of history at UPS. His research focuses on transnationalism, race, the history of Latinos in the United States, and digital history. His writing has appeared in the Journal of American Ethnic History, Labor: Studies in Working-Class History, Cuban Counterpoints, and InterActions.*

Celtic Wisdom

Robert Stahl
 C947 4/4 – 4/25
 4 Thursdays 10am-12pm
 MAB 109 \$48

We will emphasize the spiritual tradition the Celtic people bequeathed to Ireland. A brief excursion into Celtic history will provide context and perspective to our examination of this legacy. A theme running through our discussions will be the timeless and sacred sensibility of the Celtic imagination. We will honor the Celtic passion for nature and the divine along with appreciating the Celtic sense of soul. The suggested text for the course is the brilliant book by the Irish poet, philosopher and scholar John O'Donohue: *Anam Cara: A Book of Celtic Wisdom*. In his book O'Donohue celebrates such things as solitude, friendship, light and the beauty of landscape, love and the mysterious ways of the heart, and much more. Join us for this magical journey into the lyrical world of Celtic culture. *Robert Stahl has taught previous CRI*

courses on poetry (Rumi, Mary Oliver, and Rilke), Eastern thought (Buddhism, Taoism, Zen, and Haiku poetry), and Thomas Moore's Care of the Soul.

Democracy in America, Redux

Ellen Berg

C879 4/2 - 4/23
4 Tuesdays 10am-12pm
MAB 109 \$48

The long tradition of books taking stock of America, starting with Tocqueville's *Democracy in America*, continues with new ones about our society and place in the world now. Book reviews, author videos, and excerpts for the books focused on each week will be circulated so that everyone can join the discussion. Expect to encounter authors such as J. and D. Fallows, Richard Haas, and Jon Meacham, among others. Do not expect a focus on the Trump presidency nor a discussion of current events per se. *Ellen Berg is a sociologist who has taught political sociology and American culture to undergraduates and adults since the mid-1980s.*

No classes held on May 27.

Economic Inequality in Public Schools: Birth of a New Aristocracy

Rachel David

C881 4/29 - 5/6
2 Mondays 1-3pm
MAB 109 \$24

US society is now more class stratified than at any time since the Great Depression. Public education, once hailed as the great equalizer, contributes to this problem in multiple ways. We will explore the reasons behind lower educational attainment for those with less socioeconomic privilege, effects of class inequality on society, and strategies for reducing the wealth and income gaps. *Rachel David has a BA in sociology, a JD, and an MS in psychology. Rachel has been teaching Gender and Women's Studies at Shoreline Community College. Courses include Gender, Violence and Social Change; Gender and Global Justice; and Gender, Race and Class. Rachel's approach to teaching is interactive and interdisciplinary. She believes that education can be liberating and transformational.*

Economics and Nationalism: Threats to the European Union

Maria Montalvo

C871 4/12 - 4/26
3 Fridays 12:30-2:30pm
LSC \$36

This class is concurrent with C909 The Great War: End of Civilization.

The European Union (EU) is facing challenges, from Brexit to new political leadership of member nations—its most serious threats to date. We will study an increasingly conflicted geopolitical climate for member nations, as well as challenges from assertive non-members, such as China and Russia. The origin and impact of conflicts in the Middle East and Africa will be evaluated as the state of perpetual war continues to pressure the strength of the EU. We will consider that what presents as radical extremism has its origins in economic and political policy from decades past, contributing to political instability within the EU and widespread unrest across the globe. *Maria Montalvo holds an MA in political science and economics. She is a columnist for the Edmonds Beacon, and works as Executive Director in the non-profit education sector.*

Exploring Difficult Bible Stories

Richard Gibson

C945 5/1 - 5/22
4 Wednesdays 10am-12pm
MAB 109 \$48

This class is concurrent with C891 Toxic Chemicals and Your Hormones.

There are terrifying texts in the pages of the Bible. God loves us and commands that we love one another. Yet on the next page God demands that Saul kill all his neighbors and sends rain to flood the earth. We will explore difficult passages in the Old and New Testament as they describe violence in war, slavery, colonization, nationalism and violence against women and children as we pursue a gracious God who brings hope with justice and love. *Dick Gibson is a retired Pastor from Terrace Presbyterian Church in Mountlake Terrace, an amateur archeologist and a regular CRI instructor for many years.*

For class locations, directions and parking, see page 12.

INSTRUCTOR SPOTLIGHT

TERRY GRAY



Terry Gray earned a PhD in Computer Science from UCLA, and as a senior technology manager he spent much of his career "at the intersection of technology and policy". After running the Center for Experimental Computer Science at UCLA and working at a Silicon Valley startup, Terry joined the University of Washington in 1988 as Director of Networks & Distributed Computing. When he retired in 2014, he was Associate VP for Technology Strategy and Chief Technology Architect, as well as an Affiliate Professor in the UW Computer Science Department.

Terry is uniquely qualified to bring us a fascinating look into the politics of technology. He will focus on the use and abuse of personal data and information technology from the perspective of commercial advantage and individual benefit, addressing topics such as the FCC's anti-net neutrality policy, the enforcement of intellectual property, and whether social media platforms like Facebook should be allowed to compile extensive profiles on people who don't even use their service.

Terry Gray is teaching The Politics of Technology: Using Your Data for Fun and Profit (C875). See page 8.

Fact and Fiction

Jill Gallery

C915 5/23 – 6/13
4 Thursdays 1-3pm
MAB 108 \$12

This class is concurrent with C913 Poems and Lore of the Viking Age.

We are not your average book discussion group! Participants make their own reading choices and come prepared to present brief reviews and share their appraisals. You may select a past or current author in any genre. Learn from each other through informal discussion. This is a low fee class, but requires registration.

Jill Gallery is an avid reader and has been part of this class for years.

REGISTER ONLINE!

Visit www.edcc.edu/cri

Geology of the Pacific Northwest

Donn Charnley

C957 4/22 – 5/13
4 Mondays 10am-12pm
MAB 109 \$48

The Pacific Northwest has some of the most complex and dynamic geology of any place on Earth. Learn how this beautiful region was created by plate tectonics during the past 800 million years. The land has been faulted, folded, intruded and metamorphosed during this time. Finally, the land was molded by forces of erosion, particularly continental glaciers from the north during the past 2.5 million years.

Donn is professor emeritus of geology at Shoreline CC. He earned his MS in geology from UW, and taught in Seattle Public Schools and at Shoreline CC. He was elected to the Washington State Legislature, where he served for 14 years. Donn has presented courses on geologic topics for CRI since 2003.

Great Rivers, Great Music

Craig Parker

C923 5/3 – 5/24
4 Fridays 10am-12pm
MAB 109 \$48

Some of the world's great rivers have inspired some of our most beloved pieces of music. Many of us are familiar with

Handel's *Water Music*, written for a cruise up the Thames by King George I. But did you know that the famous *Skaters' Waltz* was inspired by a famous river? Dr. Parker will explore not only the music, but also interesting back stories about the music, the rivers and the composers. Get ready for a smooth cruise on the Rhine, the Moldau, the Danube, the Mississippi and other great rivers through fantastic music by great composers.

Craig Parker taught music in Washington public schools, then taught at a private Presbyterian college in North Georgia. He has a BA in music education, an MA in music history, and a doctorate in music education. He loves sharing music about which he is passionate.

The Great War: End of Civilization

Laurence Kerr

C909 4/12 – 4/26
3 Fridays 1-3pm
MAB 109 \$36

This class is concurrent with C871 Economics and Nationalism.

One hundred years ago The Great War raged in Western Europe, spread across the globe and is seen as one of the great disasters of human history. It shattered political, social and economic structures of Europe and ignited a series of changes still challenging us today. The series begins with causes of the war: rise in German power, inevitability of conflict and fragility of peace in a structure driven by kings and small elites. Session two covers the war in the trenches and moves on to the home front, including conscription and new roles for women. The final session covers the military endgame, the Treaty of Versailles and America's new role as a world power. *Laurence Kerr is a Career Member (Retired) of the US Senior Foreign Service. Following military service, he had a 25-year career in the US State Department, including assistant professor of Grand Strategy and National Security Studies at The Eisenhower School, part of the National Defense University.*

TEACH FOR US!

We are always looking for new instructors to enhance our program! Find our Course Adoption Form online, www.edcc.edu/cri

How Can Americans Live Longer, Healthier Lives?

Stephen Bezruchka

C897 5/28 – 6/11
3 Tuesdays 1-3pm
MAB 109 \$36

This class is concurrent with C853 iPad for Grownups, Section A.

Reports from the Institute of Medicine and other reputable sources support the assertion that even Americans who are college educated, with large incomes or wealth, white and who practice all the best health-related behaviors and have access to whatever medical care they wish, die younger than their counterparts in other developed nations. We will explore this material and suggest steps so that you and your grandchildren may live longer, healthier lives.

Stephen Bezruchka was educated at Harvard, Stanford and Johns Hopkins Universities. He has worked as an emergency physician for 30 years and teaches in the School of Public Health at UW where he received the 2002 Outstanding Teacher Award and the 2008 Community Service Award.

I Didn't Know You Could Do That! Computer Tips, Tricks and Other Accommodations

Brian Boston

C851 4/1
1 Monday 10am-12pm
MAB 109 \$12

Most people use less than 10% of their computer's capabilities to make things easier, more adaptable and helpful. Call them tricks, tips or accommodations, they include ways to see the screen better, manipulate windows, and adjust notifications and other settings. Explore surprising capabilities available in built-in apps common to Windows 10 and MacOS. Join us with your Mac or PC (optional) and learn how to improve your experience and usefulness with these devices.

Brian Boston wants technology to work for you, develop your interests, and help connect with family and friends. Through four decades of computer support and training of support engineers, Brian's favorite students are end users. He educates and supports individuals and small businesses, advising on technology purchases, usage, maintenance and security.

Inequality in a Capitalist Society

– Updated

Sorrel Paskin

C877 4/5 – 4/26
4 Fridays 10am-12pm
MAB 109 \$48

Building on the foundations of the original of this class, the present sessions will concern the phenomenon of “economism”—the ways in which distortions of the subjects taught in Econ 101 have contributed to the growing inequality of society. The topics of supply and demand, market equilibrium, social welfare, labor markets, taxes, finance, health care and international trade, among others, and their effects on political discourse will be explored. The important insights of economists Thomas Piketty and Robert Gordon will also be addressed.

Sorrel R. Paskin has an MA in philosophy from New York University and an MS in accountancy from the University of Missouri. He has taught courses on the history of philosophy and on the works of selected thinkers at numerous colleges and universities.

Insider’s View of the Superior Court System

John Rutter

C873 4/11 – 4/18
2 Thursdays 2-4pm
MAB 109 \$24

Based on John Rutter’s history and experience, initial impressions and “learning the ropes,” John will explore his impressions of the legal system before he became a judge. We will review the role of courts in our constitutional framework, then pose a series of “bar exam” fact patterns from real life and ask: “What would you do?” We will discuss what was actually decided and consider issues around the integrity of the courts in WA. If time allows, we will examine legal perspectives on “Death with Dignity” and beyond. **This is a repeat of a class given Winter 2016, 2017.**

John Rutter holds a BA in American Government and International Relations from Harvard College and a JD from UW Law School. He practiced law in South County for 16 years and was appointed to the Superior Court by Gov. Dan Evans in 1974. John ran unopposed for reelection and served for 16 years in Everett as a trial judge.

iPad for Grownups

Kate Schwarz

C853 | Section A 5/21 – 5/28
2 Tuesdays 1-3pm
MAB 108 \$24

This class is concurrent with C897 How Can Americans Live Longer, Healthier Lives? and C925 Reach for the Stars.

~~C855 | Section B 5/24 – 5/31
2 Fridays 10am-12pm
MAB 108 \$24~~

A hands-on guided workshop designed for adult beginners, introducing the basics of iPad navigation, finding and using applications (apps), and tips & tricks. Participants will need their own iPad and email account with their passwords available at class. Included are: finding your way around with touch and stylus; installing and troubleshooting apps; managing pictures and videos; email, browsers and internet safety; introducing social media in the iPad. *Kate Schwarz works in the EdCC Technology Resource Center helping faculty with e-learning, instructional technologies and course design. She worked for many years at the University of California as a computer resource manager. Since moving to the Northwest, she has worked as an independent educational technology consultant for nonprofits.*

Life in the Intertidal

Chelsea Behymer

C965 5/3
1 Friday 1-3pm
MAB 109 \$12

From barnacles to sea stars to gumboot chitons, invertebrates living in the intertidal zone of the Pacific Northwest coastline are some of the most wonderfully weird, well-adapted animals in the ocean! Find out how these hardy creatures thrive in the turbulent, competitive and extremely variable habitat between the tides. *Raised sea kayaking, surfing and hiking, Chelsea Behymer established an early connection to her surroundings. Fascinated by the interconnectedness among and within ecosystems, she received her BS in marine biology from Hawaii Pacific University. Five years as an onboard naturalist revealed a passion for teaching and the value of experiential learning. She earned an MS in environmental education*

from Southern Oregon University, and is pursuing a doctorate in environmental science at Oregon State University.

Literature Gone to the Dogs

Wayne McGuire

C919 4/1 – 4/22
4 Mondays 1-3pm
MAB 109 \$48

We will read and discuss four novels in which dogs play an important part: *The Plague Dogs* by Richard Adams, the escape of two dogs from a secret government animal research lab in the Lake District of England; *The Art of Racing in the Rain* by Garth Stein (local Shoreline writer), a dog narrates the story of his owner/friend/partner dealing with the death of his wife; *The Curious Incident of the Dog in the Night Time* by Mark Haddon, the death of a dog leads a boy on the autism spectrum to solve a crime; and *Sounder* by William Anderson, the father of a late 19th century African-American family is sent to prison leaving a wounded dog as a source of hope. Please read *The Plague Dogs* for the first class. *Wayne McGuire received a BA in English from the University of Denver and an MA from the University of Oregon. He has taught at Ouachita Baptist College and Shoreline Community College.*

A Look at the Caustic Humour and Insight of Muriel Spark

Virginia Enstad

C921 5/23 – 6/13
4 Thursdays 10am-12pm
MAB 109 \$48

This discussion class will cover some of the works of the Scottish writer of poetry, short stories and novels, as well as an autobiography: Dame Muriel Spark. For the first session, read the short stories *The Executor* and *Bang-Bang You’re Dead*; for the second session, *The Seraph and the Zambesi* and *The Portobello Road*, collected in *Muriel Spark: Selected Stories* (Canongate Classics). Session three will look at her novel *Memento Mori* and the last class will examine her most well-known novel, *The Prime of Miss Jean Brodie*. Muriel Spark led an eclectic and tumultuous life which informs much of her writings. *Now retired from teaching English for the Edmonds School District, Ginny continues to value literature as an essential tool in understanding our country, our world and ourselves.*

INSTRUCTOR SPOTLIGHT

KEVIN EBI



Kevin Ebi is a renowned nature and wildlife photographer whose work has been featured in *National Geographic*, *Smithsonian* and *National Wildlife*, among other publications. His images have also been used on two US "Forever" postage stamps, including the commemorative Haleakala National Park stamp to mark the centennial of the National Park Service. Kevin is the author of several books, including *Year of the Eagle*, which documents a year in the lives of Pacific Northwest bald eagles.

CRI is very pleased to present a class on Art and Activism, in which Kevin will discuss the role that paintings and photography have played over time to protect wildlife and wilderness, as well as the evolving ways art is used to influence citizens and lawmakers.

Kevin Ebi is teaching Art and Activism: Wildlife and Wilderness (C861). See page 4.

Meeting the Challenge of Global Climate Change

Richard Gammon

C963 5/1 - 5/15
3 Wednesdays 1-3pm
MAB 109 \$36

This class is concurrent with C875 The Politics of Technology.

To confront the impacts of climate change requires urgent mitigation and adaptation of individual lifestyles, regional and national policies, and international

treaty obligations. How can we avoid the worst of the peak warming in the near term? What are the pros and cons of geo-engineering and carbon capture with storage? What are the possibilities of a rapid expansion of renewable energy, some continued reliance on nuclear power, and the need for a price on carbon emissions? There will be no silver bullet as many technologies and diverse policies will be needed.

Richard Gammon is professor emeritus of chemistry and oceanography, adjunct professor emeritus of atmospheric sciences at the UW and former co-director of the UW Program on the Environment. He received his PhD in physical chemistry from Harvard.

The Opioid Crisis

Mark Beatty

C895 4/30 - 5/7
2 Tuesdays 1-3pm
MAB 109 \$24

We will discuss the opioid crisis in the United States and specifically in Snohomish County, including the numbers of people affected, the trends in these numbers, and the methods used to follow and assess this epidemic, as well as the impact on the affected people and the community. The science and research on opioid addiction will be presented and treatment possibilities and availability in Snohomish County reviewed.

Dr. Mark Beatty is the Health Officer of Snohomish County specializing in pediatrics and preventive medicine. He was trained as an epidemiologist at The Centers for Disease Control and Prevention and has a master's degree in public health. He has conducted public health research in many places around the world.

Out of Sync

Katherine Hanson

C911 5/22 - 6/12
4 Wednesdays 1-3pm
MAB 109 \$48

This class is concurrent with C875 The Politics of Technology.

We all know what it feels like to be out of sync with people around us, to not really fit in, to be on the outside. You will get an inside view of how a nonconforming, or differently-abled person struggles to cope and find meaningful connections with other human beings in novels by three Norwegian authors: Cora Sandel, *Krane's Cafe* (1945); Tarjei Vesaas, *The*

Birds (1957); and Ingvar Ambjørnsen, *Beyond the Great Indoors* (1996). The novels are set in different parts of Norway and in different time periods. We will discuss the differences, but more importantly look for commonalities in the major characters and their environments. *Krane's Cafe* and *The Birds* are available for purchase online. Ambjørnsen's novel was made into a film, *Elling*, which we will view in class, so no obligation to read the book. Katherine Hanson is currently an affiliate associate professor in the Department of Scandinavian Studies at UW.

Poems and Lore of the Viking Age

Sean Taylor

C913 5/23 - 6/13
4 Thursdays 1-3pm
MAB 109 \$48

This class is concurrent with C915 Fact and Fiction.

In this course we will read selections from the 13th century *Elder Edda*, a collection of Icelandic poems recounting the lore and adventures of the Norse gods. Our text will be the Penguin Classics translation by Andy Orchard. (NOTE: there are many translations of this work, which vary substantially; get the Orchard translation so we will all be on the same page.) Students are asked to read *Voluspa* and *Havamal* for the first meeting. *Sean Taylor holds a PhD in English from UW and has taught as a professor at Portland State University and Hamilton College. His main areas of expertise are Old and Middle English Literature.*

The Politics of Technology: Using Your Data for Fun and Profit

Terry Gray

C875 5/1 - 5/22
4 Wednesdays 1-3pm
GWY 352 \$48

This class is concurrent with C963 Meeting the Challenge of Global Climate Change and C911 Out of Sync.

We live at the intersection of policy and technology. We will explore several current political issues relating to computing and the Internet, define the issues, then discuss alternatives to address them. We will focus on the use and abuse of personal data and information technology from the perspective of commercial advantage and individual benefit. Class discussion will be strongly encouraged, with the

final class reserved for topics suggested by class members.

See *Terry Gray's bio* on page 5.

Reach for the Stars

Erica Miner

C925 5/14 – 5/21
2 Tuesdays 1-3pm
MAB 109 \$24

This class is concurrent with C853 iPad for Grownups, Section A.

In Session 1, Reach for the Stars, former Metropolitan Opera violinist Erica Miner provides a fascinating look at some of opera's leading stars, sharing her personal experiences performing with such luminaries as Luciano Pavarotti, Beverly Sills, Placido Domingo, Renee Fleming and others. In Session 2, Erica discusses opera's greatest stars in a historical context, imparting fascinating facts about their backgrounds, quirks and memorable appearances. A slideshow of rare vintage photos is included.

Erica Miner, author, screenwriter, arts writer and lecturer, studied violin at Boston University, receiving her degree in music, cum laude; New England Conservatory of Music; and Tanglewood Music Center. She is an active contributor to numerous arts websites and magazines.

Safe Access Options: Making/Managing Passwords and More

Brian Boston

C859 4/17
1 Wednesday 1-3pm
MAB 109 \$12

Passwords are our first line of defense... and our greatest weakness. The best passwords (unique, long, filled with random letters, numbers and symbols) are the hardest to remember. Let's talk about a different approach to password creation and options available that go beyond password usage. Finally, let's address the challenge of managing this mess and the best, safest ways to store and retrieve your passwords.

Brian Boston believes technology can work for you, support your interests and enable connections with family and friends. After decades of computer support and training of support engineers, Brian's favorite students are end users. He educates and works with individuals and small businesses, advising on tech purchases, usage, maintenance and security.

Shakespeare's *As You Like It*

Sean Taylor

C917 4/2 – 4/23
4 Tuesdays 1-3pm
MAB 109 \$48

This class is concurrent with C905 A Swift Survey of American History, Section A.

We will do a close reading of Shakespeare's *As You Like It*, which will be performing at Seattle Shakespeare Company from April 23 to May 19, and examine Shakespeare's ambivalent attitude toward the pastoral tradition and its idealization of love. He tells of Rosalind and Celia, exiled to the Greenwood in the company of a cynical jester, a dispossessed duke and his merry men, including a philosophical melancholic. Students are asked to read through Act II for the first class meeting. Any edition of the play will do, though it is recommended to find one with annotations and line numbers (the instructor prefers Signet Classic paperbacks, widely available). *Sean Taylor holds a PhD in English from UW and has taught as a professor at Portland State University and Hamilton College. His main areas of expertise are Old and Middle English Literature.*

Shorelines of the World

Linda Khandro

C961 5/13 – 6/10
4 Mondays 1-3pm
MAB 109 \$48

No class May 27.

Coastlines or shorelines bound all our land masses - or do they bind the oceans? We will begin with a tour of some coasts around the world: Ireland, New Zealand, Mexico's Baja and Yucatan Peninsulas, Cape Cod, and the coast of BC and the Pacific Northwest. Then we will see how the processes and energy at the coastal boundaries shape their nature: crustal motions, changing sea level, waves, beach deposits - all shape and reshape our coastlines.

Linda Khandro, MAT, is a geologist, with over 25 years teaching college earth and space sciences in the Seattle area - astronomy, astrobiology, environmental science, geology, meteorology and oceanography.

Staying Clear of Tech Support Scams

Brian Boston

C857 5/2
1 Thursday 10am-12pm
MAB 109 \$12

Tech support scams on the web and on your phone have been on the rise in recent years. Learn to recognize the bad guys, explore the ways they bait you, and manage those "you have a virus" fake pop-up screens. Let's also discuss what quality support is and where to get it. *Brian Boston believes that technology can work for you, support your interests and enable connections with your family and friends. After decades of computer support and training of support engineers, Brian's favorite students are end users. He educates and works with individuals and small businesses, advising on tech purchases, usage, maintenance, and security.*

VOLUNTEER SPOTLIGHT

KAREN PEARSON



Karen Pearson is a great example of a volunteer who helps CRI in many ways. As Chair of the Class Assistants Committee, Karen contacts possible volunteers to be class assistant for each CRI class, answers questions and sends an email explaining their duties. Karen works with her committee to prepare class packets for each assistant and oversees the process of acquiring course handouts and confirming class dates and times with instructors.

Karen is also a long-standing member of the Curriculum Committee.

Please join us in thanking Karen for her hard work and dedication!

A Swift Survey of American History: A Country in Crisis: 1850-1870

Kristi Busch

C905 | Section A 4/2 – 4/23
4 Tuesdays 1-2:30pm
FBC \$36

This class is concurrent with C917 Shakespeare's As You Like It.

C907 | Section B 5/10 – 5/31
4 Fridays 1-2:30pm
LSC \$36

This class is concurrent with C937 What Big Data Tell Us About Ourselves.

We will start by examining the physical and moral crisis of the Civil War—its causes, its outcomes, and especially July 1863, the turning point of the war when the south lost both Vicksburg and Gettysburg. There will be compelling biographies of the obscure, like Elmer Ellsworth, and the famous, like Ulysses S. Grant, then a look at Reconstruction, its promise and its faltering, as the tired country moved on without resolution. *Kristi holds an MA in museum studies from George Washington University. She has been a storyteller in both performance and therapeutic settings. However, her main focus has been teaching for the past 30 years. She has taught courses in history, civics, philosophy, and mythology to 16- to 86-year-olds, and nothing compares to making history come alive.*

Toxic Chemicals and Your Hormones: Health Effects and How to Reduce Exposure

Fran Solomon

C891 5/1 – 5/22
4 Wednesdays 10am-12pm
GWY 352 \$48

This class is concurrent with C945 Exploring Difficult Bible Stories.

Many consumer and personal care products are useful but contain chemicals that disrupt hormones. These endocrine disruptor chemicals (EDCs) have effects that are fascinating, alarming and far-reaching. An overview of EDCs will describe the sources, toxic properties, mechanisms of EDCs, and how we are exposed, then focus on the health impacts of specific EDCs. The course will conclude with a discussion of toxic chemical regulations and actions that we

can take to reduce our exposure to EDCs. *Fran Solomon is an environmental biology professor at WWU, Huxley College of the Environment. She earned a BS in biology from the University of Rochester, an MS in environmental health and PhD in fisheries from the UW. Her teaching experience includes teaching older adults through Shoreline CC and UW Osher. It is fun and rewarding for her to teach people in her age group eager for new learning and applying it to their lives.*

Victorian Radicals: From the Pre-Raphaelites to the Arts and Crafts Movement

Rebecca Albiani

C863 4/3 – 4/24
3 Wednesdays 1-3pm
GWY 352 \$40

No class April 17.

In 1848, a year of political upheaval across Europe, a group of revolutionary artists in England named themselves the Pre-Raphaelite Brotherhood and changed the course of British art. Our first session will examine Dante Gabriel Rossetti, John Everett Millais and the other members of the PRB and how their modernity involved turning back to the medieval period. In week two, inspired by Rossetti, the Renaissance man William Morris revolutionized Victorian design while decrying capitalism. Morris's example spawned the Arts and Crafts Movement. In class three we will look at workers' collectives like the Century Guild, country homes that embody the Arts and Crafts aesthetic, and the continuing influence of the PRB on a new generation of artists. This course will complement the Victorian Radicals exhibit opening at SAM June 13. *Rebecca Albiani has a BA in art history and an MA in Renaissance art history. She is a popular lecturer at the Frye Art Museum.*

What Big Data Tell Us About Ourselves

Howie Silver

C937 5/10 – 5/24
3 Fridays 1-3pm
MAB 109 \$36

This class is concurrent with C907 A Swift Survey of American History, Section B.

"Big Data" may have Orwellian connotations of Big Brother, but we will

look at the more benign and interesting social aspects of what Big Data can tell us about ourselves. People may lie to friends, lovers, doctors and even themselves but their internet searches, likes, views and clicks reveal the truth. How many Americans are actually racist? Do parents treat sons differently from daughters? Do people bathe more in Vermont or New Jersey? How has our language changed? There are diverse infographics, which are fascinating new visual ways of displaying much of the big data that has been amassed. *Howie Silver has a BS in physics and an MS in information engineering from the University of Illinois at Chicago, and an MS and PhD in mathematics from the University of Illinois at Urbana-Champaign. He was professor of mathematics and computer science at Chicago State University for 35 years.*

WE WOULD LOVE YOUR SUPPORT!

Learn about tax-deductible donations and the funds that support our program and students at www.edcc.edu/cri

Why the Hammer Never Fell: Examining the Cold War

Chris Szarek

C991 4/25 – 5/16
4 Thursdays 1-3pm
MAB 109 \$48

The Cold War lasted over four decades, spanned several generations and many world leaders. Its effects were felt throughout our society in everything from politics to popular culture. We will examine the events, technology, politics and people that brought us to the brink of destruction and back and continue to shape the world we live in today. *Chris Szarek served in the US Navy for 20 years as a Seabee, retiring in 2009. After retirement, Chris earned a BA in communications and an MBA from UW. He currently serves as Director of the Veterans Resource Center at Edmonds Community College. He serves on a variety of boards in the community including the Edmonds Veterans Plaza Committee, The Heroes' Café Committee, The Northwest Veterans Museum Board, and American Legion Post 234.*

CRI MEMBERSHIP

Classes offered by the Creative Retirement Institute are self-supported and receive no state funding. **Students must pay a membership fee of \$20 per person, per quarter, in addition to individual course fees.**

All CRI members are eligible for an EdPass, the Edmonds Community College student ID card. This EdPass entitles you to all the benefits of an EdCC student, including access to the Edmonds CC library and gym, as well as a discounted bus pass. Your EdPass may also provide you with discounts on community services, software, and more! Hours for the EdPass office are listed on the EdCC website, www.edcc.edu.

Please contact the CRI office at 425.640.1830 for detailed information about how to get your EdPass.

CONTACT US

WEBSITE

www.edcc.edu/cri

PHONE

425.640.1830

EMAIL

cri@edcc.edu

OFFICE HOURS

10 am – 2 pm
Tuesday – Friday

MAILING ADDRESS

Edmonds CC
Community Ed - CRI
20000 68th Ave. W
Lynnwood, WA 98036-5999

PHYSICAL ADDRESS

The Maltby Building, Rm 102
7020 196th St. SW
Lynnwood, WA 98036-5999

MAP & DIRECTIONS ON
PAGES 12-13.

MANY WAYS FOR YOU TO PARTICIPATE

Enhance your experience and become an integral part of what makes CRI so dynamic! Your ideas, time, talents and social support are welcome!

- Help plan courses and social events
- Make new friends
- Let your voice be heard

The Creative Retirement Institute encourages you to become actively involved in the decisions that define our organization. Our committees provide support to our instructors and class members; develop, plan, and implement the quarterly course offerings, schedule, and social events; promote the program, recruit new members, and ensure the financial well-being of CRI.

Our current committees include:

- Audio-Visual Committee
- Class Assistants Committee
- Curriculum Committee
- Finance Committee
- Marketing and Membership Committee
- Social Committee

We welcome your attendance and participation in their meetings – please contact the CRI office at 425.640.1830 for specific dates, times and locations. For detailed information about specific CRI Committee Roles and Responsibilities, visit our website at www.edcc.edu/cri.

WE WANT TO HEAR FROM YOU!

Do you have feedback on the program, an instructor, or a class? CRI is driven by our members, and your feedback helps ensure the program continues to evolve, while remaining a successful, enjoyable, and dynamic environment for lifelong learners. Please complete the evaluations given to students after our classes, or email your questions, comments, or suggestions to cri@edcc.edu.

ATTENDING A CLASS | WHAT TO BRING, HOW TO PREPARE

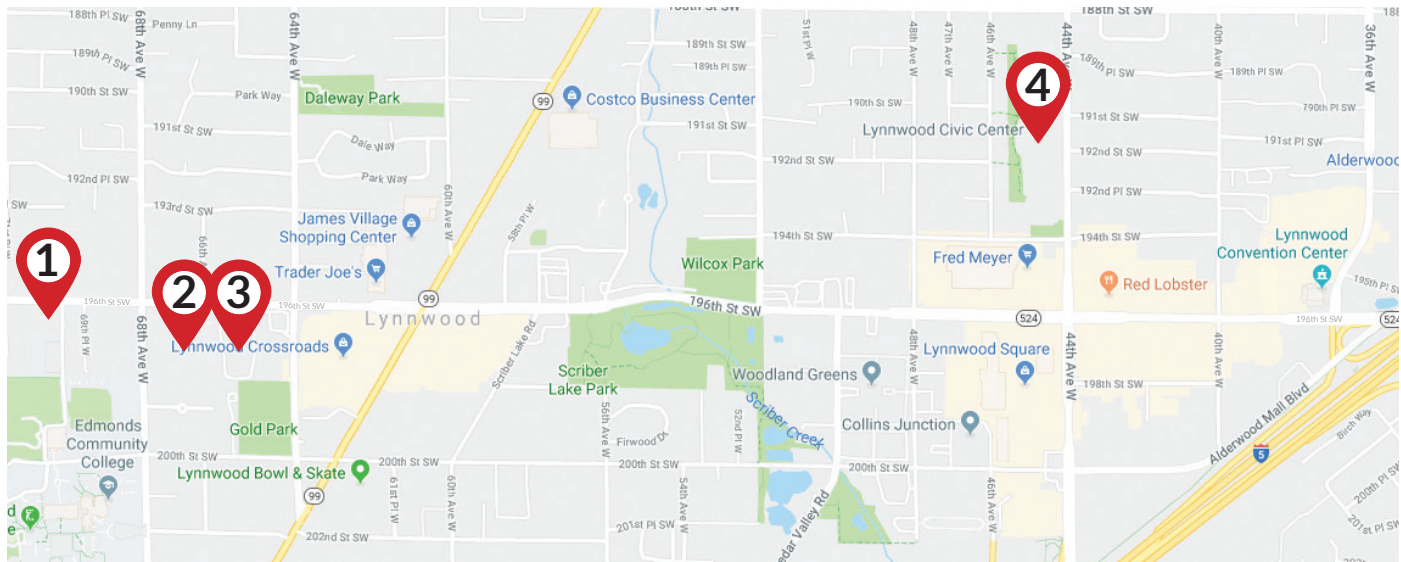
The Creative Retirement Institute uses a variety of venues for our classes. The following information will help ensure you are prepared, comfortable, and ready for a great experience:

- **For every class, bring your smile, your sense of humor, an open mind, and a willingness to learn!** Any books or printed materials that are needed will be listed in the specific course description.
- **There is NO food or eating in the classrooms.** Only bottled or lidded drink containers are allowed during class.
- **Please be prepared: we cannot control the temperature in our venues, many of which are offsite.** Neither the instructor nor the class assistants can adjust or control the heat or air conditioning. We recommend layering your clothing so you will be able to adjust to whatever temperature you may encounter.
- **A parking permit is required for all CRI classes and must be displayed on your dashboard.** Permits are available at the front desk in the Maltby Building or from the class assistant at the first class.
- **All of our class locations are ADA compliant and wheelchair accessible.** For specific accommodations, please contact the Services for Students with Disabilities office, at 425.640.1320 (voice) or 425.354.3113 (video phone).

DIRECTIONS & PARKING | CRI CLASS LOCATIONS

The Maltby Building and Gateway Hall are both located on the Edmonds Community College campus; Fairwinds Brighton Court, Homage - Senior Services of Snohomish County, and the Lynnwood Senior Center are located in Lynnwood.

You can find a printable map and directions to our CRI class locations online at www.edcc.edu/cri



- **From I-5 Northbound Exit 181-A (Lynnwood-44th Ave. W.)** Left on 196th St. SW. Head west.
- **From I-5 Southbound Exit 181-A (196th St. SW)** Bear right, head west on 196th St. SW.

SEE DIRECTIONS TO SPECIFIC SITES AT RIGHT.



1 MAB | MALTBY BUILDING
7020 196th St. SW, Lynnwood 98036

***Must use CRI parking pass in Student, Staff, or Visitor spots.**
Maltby Building is located on the North Campus of Edmonds Community College on the south side of 196th St. SW.
MAB will be on the left, soon after 68th Ave. W.



2 GWY | GATEWAY BUILDING
6606 196th St. SW, Rm. 352, Lynnwood 98036

***Must use CRI parking pass in Student, Staff, or Visitor spots.**
Gateway Building is at the corner of 68th Ave W and 196th St. SW behind Monroe Hall. Enter from either 68th Ave W or 196th St. SW.
GWY will be on the left just before 68th Ave W.



3 FBC | FAIRWINDS BRIGHTON COURT
6520 196th St. SW, Lynnwood 98036

***Must use CRI parking pass wherever you park.**
Note: Parking is very limited. Please park at Monroe Hall, just west of FBC on 196th, at Lynnwood Ice Center, or at Gateway Hall.
Fairwinds Brighton Court is located on the south side of 196th St. SW, just east of Monroe Hall and the Lynnwood Ice Center.
FBC will be on the left just after 64th Ave. W.



4 LSC | LYNNWOOD SENIOR CENTER
19000 44th Ave W, Lynnwood 98036

Note: Please park between Lynnwood City Hall and Lynnwood Senior Center.
Lynnwood Senior Center is located in the North Administration Building on the west side of 44th Ave. W, just south of the Lynnwood Recreation Center.
Head north on 44th Ave. W. LSC will be on your left after City Hall.

WE VALUE ALL OF OUR COMMUNITY PARTNERS AND APPRECIATE YOUR ONGOING SUPPORT IN HOSTING CRI CLASSES AND EVENTS



REGISTRATION | WHAT YOU NEED TO KNOW

- Registration begins online at **6:00 am on Thursday, February 21st** at www.edcc.edu/cri.
- **Early registration is recommended.** Classes fill quickly.
- Membership is quarterly and is required to register for classes.
- CRI accepts most major credit cards and checks. **We do not accept cash.**
- **Online registrations will be processed immediately.** Registrations submitted by mail or in the office will be processed as received, on a first-come, first-served basis.
- If registering by mail, please call the CRI office at 425.640.1830 or check online at www.edcc.edu/cri to see if there is still space available.

THREE EASY WAYS TO REGISTER

1. ONLINE

Go to www.edcc.edu/cri. Click the green Register Now button or select Sign In from the menu. Add the Quarterly Membership to your cart to activate the “Add to Cart” buttons for all classes. For step-by-step instructions or other features, see our Online User Guide on our website. Visit www.edcc.edu/cri and select Registration from the menu.

2. IN PERSON OR BY MAIL

To register in person or by mail, complete the registration form (page 15) or download a copy from our website. Please see page 11 or the bottom of the registration form for mailing and drop-off addresses.

3. BY PHONE

To register by phone, or for any questions regarding registration or class availability, please call the CRI office at 425.640.1830.

WITHDRAWALS AND REFUNDS

Edmonds CC policy states that all students must be registered to attend class.

Registration cannot be transferred to another individual.

Refund requests must be received at least two business days prior to the start of class, with a \$10 drop fee for each refunded class.

IS COST A FACTOR?

Is there a class you'd like to take but don't feel you can squeeze the cost out of your budget? Through generous donations, the CRI John Terrey Scholarship Fund has been established to help increase the opportunity to experience CRI classes. Funds will be awarded as money is available. The names of applicants will be strictly confidential.

For more information on scholarships and to apply, please contact the CRI office at 425.640.1830, or email cri@edcc.edu.

WAITLISTED FOR A CLASS?

If you want to register for a class that is already full, you can be added to the waitlist without being charged for the class.

If there is a cancellation, CRI will contact the next person on the waitlist to fill the opening.

If you are on the waitlist for a class and have not been contacted, please do not show up for the class.



**EDMONDS COMMUNITY COLLEGE
CREATIVE RETIREMENT
INSTITUTE (CRI)**

CRI Registration Form

Name _____ Date of Birth ____/____/____
(only needed if you are new to CRI)

Mailing Address _____

City _____ State _____ Zip _____ Phone _____

E-Mail _____

In case of emergency, please notify:

Name _____ Phone _____

CRI Membership gives you access to register for CRI Classes. After purchasing the membership once each quarter, you may register multiple times during that same quarter for classes (based on availability) with their separate class fees.

Course #	Course Title	Fee
#C _____	_____	_____ Q6
#C _____	_____	_____ Q6
#C _____	_____	_____ Q6
#C _____	_____	_____ Q6
#C 975	CRI Quarter Membership	\$20.00 QL

<p>Tax deductible gift (Separate Check)</p> <p>EdCC Foundation/CRI Friends</p> <p>Amount _____</p> <p>Check # _____</p>
--

Make check payable to EdCC

Total \$ _____

Check # _____

(Separate check for each person)

****NO CASH****

MasterCard Visa Amer Express Discover

Credit Card # _____ Exp. _____

Name as it appears on credit card _____

Mail form to: CRI/Comed/EDCC, 20000 68th Ave. West, Lynnwood, WA, 98036
Bring form to our office: CRI Maltby Building, 7020 196th St. SW, Lynnwood, WA, 98036
Or register online at: www.edcc.edu/cri



EDMONDS COMMUNITY COLLEGE
CREATIVE RETIREMENT
INSTITUTE (CRI)

Edmonds Community College
Community Education-CRI
20000 68th Ave W
Lynnwood, WA 98036

NONPROFIT ORGANIZATION
US POSTAGE PAID
LYNNWOOD, WA 98036
PERMIT NO. 66

THESE TALL TAILS WILL GIVE YOU SERIOUS PAWS!

Literature Gone to the Dogs

We will read and discuss four novels in which dogs play an important part: *The Plague Dogs* by Richard Adams, the escape of two dogs from a secret government animal research lab in the Lake District of England; *The Art of Racing in the Rain* by Garth Stein (local Shoreline writer), a dog narrates the story of his owner/friend/partner dealing with the death of his wife; *The Curious Incident of the Dog in the Night Time* by Mark Haddon, the death of a dog leads a boy on the autism spectrum to solve a crime; and *Sunder* by William Anderson, the father of a late 19th century African-American family is sent to prison leaving a wounded dog as a source of hope. Please read *The Plague Dogs* for the first class.



WAYNE MCGUIRE | INSTRUCTOR

Wayne McGuire received a BA in English from the University of Denver and an MA from the University of Oregon. He has taught at Ouachita Baptist College and Shoreline Community College, concentrating on the English Romantic Movement and the History of the English Language.