



EDMONDS COLLEGE
CREATIVE RETIREMENT
INSTITUTE (CRI)

Winter 2021 Class Schedule and Calendar

Winter Classes: January 4–March 18, 2021

Registration Begins on November 16, 2020*

Quality and Affordable classes for Lifelong Learners

The Creative Retirement Institute (CRI) of Edmonds Community College is a member-driven, self-supporting organization whose mission is to provide affordable, quality lifelong educational opportunities for adults in a supportive environment.



Creative Retirement Institute (CRI) Winter 2021 Calendar

All classes are conducted **ONLINE** using **Zoom**

(Zoom links are sent out two business days prior to start of each class)

| Item | Dates | Day | Course | Instructor | Price | Page |
|------|-----------|----------------------|---|-------------------|-------|------|
| C902 | 1/4-2/1 | 4 Mon 1-3 pm | The End of WWII and Its Aftermath: 75 Years in Retrospect | Szarek, Chris | \$56 | 5 |
| C918 | 1/5-1/26 | 4 Tues. 10 am-12 pm | The Poetry of Zen | Stahl, Robert | \$56 | 7 |
| C916 | 1/5-1/26 | 4 Tues. 1-3 pm | Shakespeare's "Henry IV", Part 1 | Taylor, Sean | \$56 | 8 |
| C896 | 1/6-1/27 | 4 Wed. 10 am-12 pm | Gardening Success and You | Resnick, Jerelyn | \$56 | 6 |
| C880 | 1/6-1/27 | 4 Wed. 1-3 pm | Economics of Issues in 2021 and Beyond | Gassler, Scott | \$56 | 5 |
| C960 | 1/7-1/28 | 4 Thurs. 10 am-12 pm | About Time | Silver, Howie | \$56 | 3 |
| C854 | 1/7-1/14 | 2 Thurs. 1-3 pm | iPad for Grownups | Schwarz, Kate | \$28 | 7 |
| C906 | 1/8-1/29 | 4 Fri. 1-2:30 pm | Ancient Chinese History 1600 BCE-1500 CE, Part 1 | Busch, Kristi | \$42 | 3 |
| C962 | 1/11-2/8 | 4 Mon. 10 am-12 pm | Climate Change: Evidence, Effects, and Actions | Solomon, Fran | \$56 | 4 |
| C858 | 1/21-1/28 | 2 Thurs. 1-3 pm | Four Helpful Google Apps | Schwarz, Kate | \$28 | 6 |
| C850 | 1/22 | 1 Fri. 10 am-12 pm | The Rumor Mill: Fact from Fiction on the Web | Boston, Brian | \$14 | 8 |
| C914 | 1/29-2/19 | 4 Fri. 10 am-12 pm | Fact and Fiction | Gallery, Jill | \$14 | 5 |
| C908 | 2/2-2/23 | 4 Tues. 1-2:30 pm | Ancient Chinese History 1600 BCE-1500 CE, Part 2 | Busch, Kristi | \$42 | 3 |
| C862 | 2/2-2/16 | 3 Tues. 4-6 pm | Art of the New Deal | Albiani, Rebecca | \$46 | 3 |
| C910 | 2/3-2/10 | 2 Wed. 10 am-12 pm | Hiroshima and Nagasaki's Survivors | Copeland, Joe | \$28 | 6 |
| C928 | 2/3-2/24 | 4 Wed. 1-3 pm | Jazz in the Atomic Age | Jensen, Brent | \$56 | 7 |
| C904 | 2/4-2/25 | 4 Thurs. 10 am-12 pm | Solitude and Memory | Hanson, Katherine | \$56 | 8 |
| C920 | 2/4-2/25 | 4 Thurs. 1-3 pm | The Real Robin Hood | Taylor, Sean | \$56 | 8 |
| C876 | 2/5-2/19 | 3 Fri. 1-3 pm | Democracy & Capitalism: Synergistic or Incompatible? | Maria Montalvo | \$42 | 4 |
| C964 | 2/8 | 1 Mon. 1-3 pm | California's Channel Islands: The Galapagos of North America | Behymer, Chelsea | \$14 | 4 |
| C966 | 2/17-2/24 | 2 Wed. 10 am-12 pm | Exploring the Sense of Smell and Fragrance | Weeks, Reitha | \$28 | 5 |
| C958 | 2/22-3/15 | 4 Mon. 10am-12 pm | Geology of National Parks III | Charnley, Donn | \$56 | 6 |
| C956 | 2/22-3/15 | 4 Mon. 1-3 pm | Stellar Evolution | Khandro, Linda | \$56 | 9 |
| C890 | 2/23 | 1 Tues. 10 am-12 pm | Conflict & Consensus: Public Health - Ruckelshaus Center | Harris, Kevin | \$14 | 4 |
| C852 | 2/26 | 1 Fri. 10 am-12 pm | Potentials and Pitfalls of Your Digital Accounts | Boston, Brian | \$14 | 8 |
| C892 | 2/26-3/5 | 2 Fri. 1-3 pm | Viral Threats and Promises | Kemp, Hilary | \$28 | 9 |
| C870 | 3/2-3/9 | 2 Tues. 10 am-12 pm | The U.S. and the World: Where To Now? | Meece, Roger | \$28 | 9 |
| C872 | 3/3-3/10 | 2 Wed. 10 am-12 pm | Borders in the Middle East: The Line It Is Drawn...But by Whom? | Fenner, David | \$28 | 3 |
| C950 | 3/3-3/17 | 3 Wed. 1-3 pm | Engaging Our Aging | Tracy, James | \$42 | 5 |
| C894 | 3/4-3/11 | 2 Thurs. 1-3 pm | Medical Claims - Health, Hope, or Hype? | Phillips, Bill | \$28 | 7 |
| C926 | 3/9-3/16 | 2 Tues. 1-3 pm | In the Shadow of Wagner: Strauss and Debussy | Miner, Erica | \$28 | 7 |

All CRI Winter 2021 classes are online. Please go to our CRI home page at www.edcc.edu/cri and click on Zoom Resources for more information regarding Zoom.

Zoom class invitations will be emailed from the CRI office 2 business days prior to class start. Please **check your Spam folder** if you do not see the invitation in your email Inbox. Call the office at 425-640-1830 or send an email to cri@edcc.edu and leave a message with your name and email or phone number if you don't locate the email one day prior to your class.

About Time

Howie Silver

C960 1/7/21–1/28/21
Thursdays 10:00am–12:00pm
Online \$56

It's about time there was a course about time. Unlike space, time is the one physical dimension that goes in only one direction, the arrow of time as it's often called. We sense time, but not through the usual five senses. From sundials to atomic clocks, people have always tried to measure it. There are long-term time cycles in nature, yearly cycles, monthly cycles, and daily cycles. Different cultures perceive time differently (does "meet you at 8:00" mean 8:00, or perhaps 8:00 - 11:00?). Newton thought time was absolute; Einstein thought it relative. Was the Big Bang the start of time? Is time travel possible?

Howie Silver has a B.S. in Physics and M.S. in Information Engineering from University of Illinois at Chicago, and M.S. and Ph.D. in Mathematics from University of Illinois at Urbana-Champaign. He was a professor of Mathematics and Computer Science at Chicago State University for 35 years. **4 sessions.**

Ancient Chinese History 1600 BCE - 1500 CE Part 1

Kristi Busch

C906 1/8/21–1/29/21
Fridays 1:00pm–2:30pm
Online \$42

We will cover 3,000 years of Chinese history across Parts 1 and 2 of this series. Starting with the earliest bronze age, ancestor worshiping dynasties and onward from the Han to the Mongolians. We'll look at the early philosophies of Confucius, Daoism, and the Buddhists that defined culture, right down to the civil service exams. We'll explore the Silk Road and we'll dip into the glorious culture of art and poetry, from the terra cotta warriors to the exquisite landscapes painted on silk.

Kristi Busch holds a Masters degree in Museum Studies from George Washington University. She has been a storyteller in both performance and

therapeutic settings. However, her main focus has been teaching for the past 30 years. She has taught courses in history, civics, philosophy, and mythology to 16-86 year olds and nothing compares to making history come alive. **4 sessions.**

Ancient Chinese History 1600 BCE - 1500 CE Part 2

Kristi Busch

C908 2/2/21–2/23/21
Tuesdays 1:00pm–2:30pm
Online \$42

We will cover 3,000 years of Chinese history across Parts 1 and 2 of this series. Starting with the earliest bronze age, ancestor worshiping dynasties and onward from the Han to the Mongolians. We'll look at the early philosophies of Confucius, Daoism, and the Buddhists that defined culture, right down to the civil service exams. We'll explore the Silk Road and we'll dip into the glorious culture of art and poetry, from the terra cotta warriors to the exquisite landscapes painted on silk. It is not necessary to take Part 1 to enroll in Part 2.

Kristi Busch holds a Masters degree in Museum Studies from George Washington University. She has been a storyteller in both performance and therapeutic settings. However, her main focus has been teaching for the past 30 years. She has taught courses in history, civics, philosophy, and mythology to 16-86 year olds and nothing compares to making history come alive. **4 sessions.**

Art of the New Deal

Rebecca Albani

C862 2/2/21–2/16/21
Tuesdays 4:00pm–6:00pm
Online \$46

During the Depression, FDR's New Deal sought to keep American workers on the job, and for the first time "workers" included artists. In week one we will look at the photographs of the Dust Bowl made by Walker Evans, Dorothea Lange and Marion Post Wolcott for the Farm Security Administration. The next week we will examine the socially

committed easel paintings and murals done by artists like Ben Shahn and Jacob Lawrence working for the Works Progress Administration. Finally, in week three we will learn about the Index of American Design, a WPA project that put artists to work creating meticulous watercolor renderings of American folk art - everything from weathervanes to roller skates.

Rebecca Albani has a BA in art history and MA in Renaissance art history. She is a popular lecturer at the Frye Art Museum. **3 sessions.**

Borders in the Middle East: The Line It Is Drawn... But by Whom?

David Fenner

C872 3/3/21–3/10/21
Wednesdays 10:00am–12:00pm
Online \$28

From the boundaryless provinces within the Ottoman Empire to the oft ill-conceived frontiers imposed by the British, the French and sometimes even the international oil companies, the Middle East reflects a puzzling jigsaw of nations, states and borders. We shall highlight the fate of the Kurds and the creation of the modern Gulf sheikhdoms as examples of vastly different outcomes in the formation of nations across the region. In addition, background readings will inform our discussion of the critical decisions made by the "major powers" after WWI.

David Fenner is an affiliate faculty member at the University of Washington's Middle East Center. He regularly teaches courses on the Middle East and currently leads study tours to the UAE, Qatar and Oman. He is also the lead presenter for the federally-funded *Bridging Cultures* program, a series of professional development workshops for K-12 teachers and first responders in communities with large immigrant populations. In 2008 David founded the World Learning Center in Muscat, Oman. Prior to that he was the assistant vice provost for international education at the UW (2000 - 2007). His career included establishing exchange programs with universities around the world, including in Egypt,

Morocco, Israel, Oman, Uzbekistan, Turkey, and Pakistan. From 1979-82 David and his wife Elisabeth Mitchell served as Peace Corps. **2 sessions.**

California's Channel Islands: The Galapagos of North America

Chelsea Behymer

C964 2/8/21–2/8/21
Mondays 1:00pm–3:00pm
Online \$14

Just eleven miles off the coast of bustling Los Angeles, CA and yet the Channel Islands feel worlds away. Like the Galapagos Islands, they tell a unique story of endemism and biodiversity shaped by geology, ocean forces, time and human history. Today, the story continues on one of America's least visited National Parks and surrounding Marine Protected Areas.

With a Bachelor of Science in Marine Biology and a Master of Science degree in Environmental Education, Naturalist Chelsea Behymer has travelled the world exploring the ocean, its inhabitants, and how we are all connected. She is currently pursuing her doctorate in Environmental Sciences from Oregon State University with a focus on informal marine science education. **1 session.**

Climate Change: Evidence, Effects, and Actions

Fran Solomon

C962 1/11/21–2/8/21
Mondays 10:00am–12:00pm
Online \$56
No class 1/18

The biggest threat to the continuation of life on Earth is climate change. We will begin with scientific evidence for human-caused change in climate since the Industrial Revolution, then focus on physical, chemical, biological and sociological effects of climate change including the interrelationship between climate change and the COVID-19 pandemic. Discussions include examples of current local, state, national, and international actions and what we can do individually and collectively to reduce, mitigate and prevent climate change.

Dr. Fran Solomon is an environmental biology professor at Western Washington University. She earned a bachelor's degree in biology from the University of Rochester, and MS and Ph.D. degrees from the UW. She loves bringing her environmental agency work experience and expertise to the classroom! Besides her university teaching, Dr. Solomon teaches continuing education courses for the general public. She has taught three other courses through the CRI. It is fun and rewarding for Fran to teach people in her age group who are eager to do new learning. **4 sessions.**

Conflict & Consensus: Public Health – Ruckelshaus Center

Kevin Harris

C890 2/23/21–2/23/21
Tuesdays 10:00am–12:00pm
Online \$14

Solving our society's most difficult problems is often confounded by partisanship and divisiveness. The William D. Ruckelshaus Center (UW and WSU) facilitates between the public, private, non-profit, civic and tribal sectors to help leaders reach consensus decisions around 'wicked' public policy issues. This two-hour class will demonstrate the processes the Center uses as a 'third-party neutral', demonstrating Snohomish County public health project examples to explain the benefits of genuine collaboration, alternative dispute resolution, agreement-seeking and mediation principles to improve health outcomes and reduce population health disparities. Students will be introduced to the practical application of 'Collaborative Governance', 'Consensus-Based Solutions', 'Agreement-Seeking Processes' and 'Systems-Thinking', and how they are implemented to break through long-term conflict to help leaders reach their own collective solutions to our country's most difficult problems.

Kevin Harris is a Senior Facilitator and Assistant Professor at the William D. Ruckelshaus Center, a university-based organization co-hosted by both WSU and UW. Kevin has a 35+ year background in health policy and health systems reform, serving public

sector (state agency and federal agency) clients as a Medicaid expert in 46 states. He is inspired to spend his 'late career' years as a university-based facilitator, helping Governors, legislators, state and local agencies, tribes, providers, payers, unions, advocates and other representative leaders in the Pacific Northwest reach consensus around 'wicked' health policy issues - including response and recovery from COVID-19. Kevin and his wife Barb have been happy residents of Snohomish County for 33 years. Their two sons are grown and out of the house, which leaves them time to attend to their noisy Cockatiel. **1 session.**

Democracy & Capitalism: Synergistic or Incompatible?

Maria Montalvo

C876 2/5/21–2/19/21
Fridays 1:00pm–3:00pm
Online \$42

Democracy and capitalism coexist in many variations around the world, each continuously reshaped by the conditions and the people forming them. In a recent global survey, Pew found that, among respondents in 27 countries, 51% are dissatisfied with how democracy is working, and in the US, the younger generations are increasingly disinterested in capitalism, with only half of them viewing it positively in the United States. This class studies why both systems are stronger together, but only if both are maintained and protected. In order to better understand the complex global relationships of democracy and capitalism, and why public opinion of the two appears to be waning, we will review recent work by economists and political scientists.

Maria Montalvo holds a Master's in Political Science and Economics and this is her sixth course with CRI. She is a columnist for the *Edmonds Beacon*, and works as Executive Director in the non-profit education sector. **3 sessions.**

Economics of Issues in 2021 and Beyond

Scott Gassler

C880 1/6/21–1/27/21
Wednesdays 1:00pm–3:00pm
Online \$56

The US faces major long-term issues of national security, economic policy, environment, and society. Each session applies an economic concept to a long-term issue, perhaps in an unexpected way. Possible topics include: environmental deregulation, Green New Deal, sustainable development, health care and social security, and US leadership in the world. No previous knowledge of economics is required, though students with an economics background may discover something new.

Scott Gassler earned his MA in economics at UW and his PhD in economics at the University of Colorado. He has taught economics and politics at a number of institutions, including a university in Brussels, Belgium, for 23 years. Scott is now retired and living in Everett. **4 sessions.**

The End of WWII and Its Aftermath: 75 Years in Retrospect

Chris Szarek

C902 1/4/21–2/1/21
Mondays 1:00pm–3:00pm
Online \$56
No class 1/18

It's been 75 years since the end of WWII and while our Greatest Generation who assured our freedom are leaving us in great numbers, it's important to reflect on the lessons learned in this hard-earned victory. In this course we'll examine the last days and end of the war in Europe, the creation and dropping of the atomic bomb, and the signing of treaties in both theaters that ended one of the most destructive conflicts of modern history. We'll also discuss the years after the end of armed conflict- the terms of the treaties, America's presence in Germany and Japan, and our relations to this day with both countries.

Chris Szarek served in the US Navy for 20 years as a Seabee, retiring in 2009. After retirement, Chris earned a BA in communications and an MBA from the UW. He currently serves as the Veterans Resource Center Director at Edmonds College. He is also active in a number of Veterans' Service Organizations and committees throughout Snohomish County. **4 sessions.**

Engaging Our Aging

James Tracy

C950 3/3/21–3/17/21
Wednesdays 1:00pm–3:00pm
Online \$42

Engaging Our Aging will explore normal growth involved in aging. To set the stage for large and small group discussions, the facilitator will present typical age-related changes in the elder years with examples of practical adjustment. The sharing and listening in discussions help personalize aging as well as profit from the experience and wisdom of other seniors. Participants will be given brief in-session activities as well as takeaway internet and written resources. The goal of the sessions is for participants to come away with a refreshed outlook on aging and specific ideas on how to enrich their journey in growing older.

James J. Tracy holds a PhD in psychology from the University of Connecticut. He has held academic positions at Bryn Mawr College and in the University of Washington Medical School. He maintained a clinical practice in psychology in the Edmonds for over 30 years. **3 sessions.**

Exploring the Sense of Smell and Fragrance

Reitha Weeks

C966 2/17/21–2/24/21
Wednesdays 10:00am–12:00pm
Online \$28

Smells conjure up warm memories, emotions, and human relationships. Our noses are amazing molecular detectors but how much do we really know about our sense of smell? How does fragrance drive our moods? How do we perceive smells and describe

them to others? What smells are associated with certain diseases?

Come explore the sense of smell from the biology that makes it possible to the chemistry behind fragrances and essential oils. In the first class, we will discuss the biological path from nose to brain, explore the connection of smell and memory, identify odor molecules and their sources, and compare human smell abilities with other animals. In the second class, we will investigate essential oils, the creation of perfumes, product labels and regulations, and aromatherapy claims.

Dr. Reitha Weeks has experience in the biotech industry and in science education programming, curricula development and community outreach. She received her BS from Oregon State University and PhD in Genetics from the University of Washington in 1987. She worked for 13 years in the biotech industry in Seattle (four companies) moving from bench scientist to company director which meant involvement in business and regulatory decisions as well as discovery science. She was Program Manager for Science Outreach at Northwest Association for Biomedical Research (NWABR) for nine years. She was responsible for curriculum development and workshops for teachers, educational conferences for researchers and a variety of science outreach programs and collaborations. Since 2014, she has been Program Coordinator for Shoreline Community College's biotech summer camps for high school students. She is on the board and an active member of the Seattle Chapter of Association for Women in Science (AWIS). **2 sessions.**

Fact and Fiction

Jill Gallery

C914 1/29/21–2/19/21
Fridays 10:00am–12:00pm
Online \$14

We are not your average book discussion group! Participants make their own reading choices and come prepared to present brief reviews and share their appraisals. You may select a past or current author in any genre. Learn from each other through

informal discussion. This is a low fee class, but requires registration.

Jill Gallery is an avid reader and has been part of this class for years. **4 sessions.**

Four Helpful Google Apps

Kate Schwarz

C858 1/21/21–1/28/21
Thursdays 1:00pm–3:00pm
Online \$24

In this introductory class, we'll get you started with 4 timesaving Google Apps that will simplify your life and make you more productive: Google Drive and Docs: A very brief overview of document creation and sharing "in the cloud" to familiarize you with how cloud-based apps work. Google Calendar: Introduce the basics of using Google Calendar to organize your events and reminders. Google Keep: Capture and organize what's important and get more done with online notes you create and share. Google Photos: How Google fits in your digital photos organization plan.

Kate Schwarz worked in the EdCC Technology Resource Center helping faculty with 4 e-learning, instructional technologies and course design. She worked for many years at the University of California as a computer resource manager. Since moving to the Northwest, she has worked as an independent educational technology consultant for nonprofits. **2 sessions.**

Gardening Success and You

Jerelyn Resnick

C896 1/6/21–2/27/21
Wednesdays 10:00am–12:00pm
Online \$56

This course is appropriate for new gardeners as well as those who have been at it for a while. Students will learn ideas, techniques and solutions they can apply to their particular gardening needs. Topics include how to plan a garden area for specific conditions, gardening successfully at any age, improving success with plant selections to fit the garden's conditions, using bulbs for year-round colorful gardening, inter-planting vegetables and flowers, starting seeds indoors and growing pollinator-

friendly and health-friendly plants. We will discuss where to find additional gardening knowledge, such as key books and websites and Master Gardener answer clinics. Colorful pictures will help illustrate the topics we explore.

Jerelyn Resnick is a nursing instructor who recently retired from UW Bothell but who is still doing some teaching. She is also a Snohomish county Master Gardener. In addition to working in demonstration gardens and participating in answer clinics, she does presentations on various gardening topics. She coordinated and helped evaluate a recent series of classes on advanced plant pathology. She is on the planning team for the 2021 Master Gardener annual continuing education conference, with a focus on sustainability and garden maintenance. Our local climate provides us with many gardening opportunities no matter who we are or how old we are or how large or small our planting area is. Let's grow something! **4 sessions.**

Geology of National Parks – III

Donn Charnley

C958 2/22/21–3/15/21
Mondays 10:00am–12:00pm
Online \$56

The first National Park, Yellowstone, was created by Congress on March 1, 1872. As of 2015, there are 59 Parks and 117 National Monuments listed on the Park web site, plus over 400 other places, such as National Seashores, designated as being worthy of protection and preservation because of the spectacular, and often fragile, geologic features they contain. We shall discuss the following Parks which feature plate tectonics, glaciation, wind and shorelines. Acadia, Death Valley, Great Sand Dunes, Great Smoky Mountains, Glacier, Isle Royale, Mount Rainer, North Cascades, Olympic Mountains, Rocky Mountains, Tetons, Yosemite, plus National Monuments and National Seashores which fit this subject area.

Donn Charnley is an Emeritus Professor of Geology at Shoreline Community College. He earned a MS

in Geology from the UW in 1960. He taught 10 years in Seattle Public Schools and 32 years at Shoreline CC. In 1970 he was elected to the Washington State Legislature, where he served for 14 years. He has presented courses in Geologic topics for CRI since 2003. His interests include: politics, community service, skiing, hiking, sailing, traveling, and Northwest Native Culture. **4 sessions.**

Hiroshima and Nagasaki's Survivors

Joe Copeland

C910 2/3/21–2/10/21
Wednesdays 10:00am–12:00pm
Online \$28

How have the survivors of one of history's great disasters recovered from isolated lives in atomic ruins and approached living for the past 75 years in a world of nuclear weapons? We will explore how the residents of Nagasaki and Hiroshima coped with their health and emotional difficulties and found meaning in trying to prevent similar suffering from ever occurring again, developing an ethic of nonviolence and advocating for a ban on nuclear weapons. Their role in peace efforts internationally has been large but what does the future hold as they age? The classes will focus on survivors interviewed by the instructor's work as a writer and editor for the Everett Herald, Seattle Post-Intelligencer and as a Fulbright scholar based at the Hiroshima Peace Institute at Hiroshima City University. The instructor has written a 2015 ebook, *Peace Quest: The Survivors of Hiroshima and Nagasaki*. We will also discuss some of the extensive literature surrounding the events.

Retired Opinion editor for Crosscut.com in Seattle, former editorial writer and columnist for the Seattle Post-Intelligencer, and editorial page editor for the Everett Herald. As a journalist, Joe Copeland has visited Hiroshima and Nagasaki a number of times spread out over some three decades, and he was a Fulbright research scholar at the Hiroshima Peace Institute of Hiroshima City University in 2009. **2 sessions.**

In the Shadow of Wagner: Strauss and Debussy

Erica Miner

C926 3/9/21–3/16/21
Tuesdays 1:00pm–3:00pm
Online \$28

Wagner loomed large in the musical lives of Richard Strauss and Claude Debussy. They are forever linked through their connections to the German operatic giant, but they also tried to distance themselves from him. Erica compares and contrasts the great German master's influence on these all-important post-Romantic composers, with musical excerpts and videos.

Formerly a violinist with Metropolitan Opera Orchestra for 21 years, Erica Miner is now an award winning author, screenwriter, arts writer and lecturer. She studied violin with Boston Symphony Orchestra concertmaster Joseph Silverstein at Boston U, the New England Conservatory of Music and Tanglewood Music Center. Erica has presented lectures, seminars and workshops on both coasts and on major cruise lines and recently made her pre-concert lecture debut with the Seattle Symphony. She is an author and active contributor to major arts websites and magazines. **2 sessions.**

iPad for Grownups

Kate Schwarz

C854 1/7/21–1/14/21
Thursdays 1:00pm–3:00pm
Online \$28

A hands-on guided workshop designed for adult beginners, introducing the basics of iPad navigation, finding and using applications (apps), and tips and tricks. Participants will need their own iPad and email account (and their passwords available to them at class). Included are: Finding your way around with touch and stylus; installing and troubleshooting apps; managing picture and videos; email, browsers and internet safety; introducing social media in the iPad. (Unfortunately, this class does not include time for one-on-one instruction.)

Kate Schwarz worked in the EdCC Technology Resource Center helping faculty with 4 e-learning, instructional technologies and course design. She worked for many years at the University of California as a computer resource manager. Since moving to the Northwest, she has worked as an independent educational technology consultant for nonprofits. **2 sessions.**

Jazz in the Atomic Age

Brent Jensen

C928 2/3/21–2/24/21
Wednesdays 1:00pm–3:00pm
Online \$56

The revolutionary jazz style known as Bebop arrived at precisely the same moment in time as did the atomic bomb. Both were significant turning points in history. The initial "blast" of Bebop created a "fallout" of several jazz styles (Cool, Hard Bop, Third Stream, Soul Jazz) which emerged in its wake and resulted in the 1950s being arguably the most creative decade in jazz history. This class will examine the rapid musical and societal changes that took place over a relatively short span of years (1945-1959) which led to what some people have come to call "the year that changed everything" in 1959, the year that produced the seminal jazz albums *Kind of Blue* by Miles Davis, *Time Out* by Dave Brubeck, *Mingus Ah Um* by Charles Mingus and *The Shape of Jazz to Come* by Ornette Coleman.

Brent Jensen served as the Director of Jazz Studies & Woodwinds at the College of Southern Idaho for 18 years. He developed the curriculum for the Survey of Jazz (MUSI 108) course at the college and wrote the textbook (Survey of Jazz Handbook, pub. Kendall-Hunt) which is still in use at CSI and other colleges in the United States. Brent is a professional jazz saxophonist who has performed & recorded with a wide range of jazz artists including Gene Harris, Joe LaBarbera, Bill Anschell, John Clayton, Wycliffe Gordon, Warren Vache and many others. In 2002, his recording, *The Sound of a Dry Martini: Remembering Paul Desmond* (Origin), charted at the #1 position on jazz radio stations across the country and

was featured on JazzWeek's Top 100 and NPR's JazzWorks' Top 25 lists. Brent's recordings are available on iTunes, Amazon, Spotify and other online music streaming platforms. **4 sessions.**

Medical Claims – Health, Hope or Hype?

Bill Phillips

C894 3/4/21–3/11/21
Thursdays 1:00pm–3:00pm
Online \$28

We are bombarded daily with headlines, research reports, advertisements and social media chatter making claims about medical science. Politics, profiteering and paranoia can overwhelm science and professional judgement. How can we navigate competing claims and contradictory recommendations? We will use an evidence-based, outcome-oriented and patient-centered approach to evaluating medical claims to inform our own health care decisions. Topics may include preventive medicine, nutritional supplements, new tests and treatments, vaccines and alternative healing practices.

Bill Phillips is a family physician and preventive medicine specialist with over 20 years of practice experience and an award-winning teacher and researcher. He has served on national and international expert panels, using medical evidence to develop clinical guidelines and health care policy. He earned his MD and MPH degrees at the University of Washington where he is Professor Emeritus of Family Medicine and past Clinical Professor of Epidemiology and Health Services. **2 sessions.**

The Poetry of Zen

Robert Stahl

C918 1/5/21–1/26/21
Tuesdays 10:00am–12:00pm
Online \$56

This class on Zen poetry will examine poems from both China & Japan. A brief background will be provided the first session on both Taoism & Zen. This course is part of a series on eastern thought (Buddhism, Taoism,

Zen, & Haiku poetry). Our discussion sessions will examine some of the themes of Zen such as an emphasis on nature and the natural world along with the significance of being in the moment & the role of silence. Zen in Japan will be seen as an outgrowth of Taoism in China. Poetry speaks to the heart and is the perfect vehicle for developing life's more spiritual side. Included in the Japanese section are some Haiku poems. Text is *The Poetry of Zen* ed. by Sam Hamill and J.P. Seaton.

Robert Stahl's previous CRI classes have included: Joseph Campbell & the Power of Myth; Thomas Moore's 'Care of the Soul'; John O'Donohue's 'Celtic Wisdom; a series on eastern thought (Buddhism, Taoism, Zen, & Haiku poetry) as well as poetry classes on Rumi, Rilke, Emily Dickinson, & Mary Oliver. **4 sessions.**

Potentials and Pitfalls of Your Digital Accounts

Brian Boston

C852 2/26/21–2/26/21
Fridays 10:00am–12:00pm
Online \$14

They grant us entry, they confirm our identity. They give us access to an amazing set of resources, connections, and services. Your digital accounts also generate valuable information on us to others. At what point does a fair tradeoff become unfair? Join us to explore how accounts work for the likes of Apple, Microsoft, Google and other providers. Discover what tools and strategies can help accounts work most effectively and safely for you?

Brian Boston has been offering CRI classes since 2011. He wants to help you use technology to develop your interests and connect with family and friends. Though Brian has trained hundreds of support engineers at Microsoft and elsewhere over 40 years in computer support, He prefers to work with end users, Through Boston LegacyWorks, he educates and supports individuals and small businesses, advising on purchase, usage, system maintenance and security. **1 session.**

The Real Robin Hood

Sean Taylor

C920 2/4/21–2/25/21
Thursdays 1:00pm–3:00pm
Online \$56

This course will explore the legend of the medieval English outlaw, organizing around a reading of the earliest literary account, the *Geste of Robin Hode*, translated from the Middle English by your instructor. We will also look at the possible mythological roots of the legend, Robin's place as a symbol of rural resistance to civil and ecclesiastical authority, and more recent dramatizations/bowdlerizations/appropriations of this transgressive figure. An electronic copy of the *Geste* (along with ancillary texts) will be emailed to students in advance of the first class meeting. Students are asked to read through the second "fit" for the first meeting.

Sean Taylor holds a PhD in English from UW and has taught as a professor at Portland State University and Hamilton College. His main areas of expertise are Old and Middle English literature. **4 sessions.**

The Rumor Mill: Fact from Fiction on the Web

Brian Boston

C850 1/22/21–1/22/21
Fridays 10:00am–12:00pm
Online \$14

Fake news is not a new phenomenon. The size of the Web compounds the sheer amount of information. The ability for anyone (pranksters, conspiracy stokers, nation states, etc.) to add to that information pool at a very low cost means facts can be covered by equally compelling fiction in the form of rumors, half-truths, and outright hoaxes. How do you determine what is true and what is an attractive falsehood? What is a fact and what is opinion presented as fact? Let's place those facts, opinions, and falsehoods in proper context through sourcing, fact-checking and other tools.

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help you use technology to develop your interests and connect with family and friends. Though he has trained hundreds of support engineers at Microsoft and elsewhere over 40 years in computer support, Brian prefers to work with end users, Through Boston LegacyWorks, he educates and supports individuals and small businesses, advising on purchase, usage, system maintenance and security. **1 session.**

Shakespeare's Henry IV, Part 1

Sean Taylor

C916 1/5/21–1/26/21
Tuesdays 1:00pm–3:00pm
Online \$56

In this course, we will undertake a reading of the first of the two plays to feature the character that James Joyce called the bard's finest creation, Falstaff. We will read Part 2 the following quarter. Special attention will be paid to the treatment of Platonic ideas regarding the body politic and order vs. disorder. Students are asked to read through Act 2 for the first class meeting. Any edition of the play will do, though it is recommended to find one with annotations, and with line numbers (the instructor prefers Signet Classic paperbacks, widely available).

Sean Taylor holds a PhD in English from UW and has taught as a professor at Portland State University and Hamilton College. His main areas of expertise are Old and Middle English literature. **4 sessions.**

Solitude and Memory

Katherine Hanson

C904 2/4/21–2/25/21
Thursdays 10:00am–12:00pm
Online \$56

Periods of solitude can be upended by flashes of memory. Memories of happy times are often welcome and we are content to drift along for a while. But memories that pull unsettling events up from our depths are liable to disturb and haunt us. In this class we will explore memory and solitude in film and fiction: Norwegian author Per Petterson's novel *Out Stealing Horses*(2005) and the film

adaptation(2019); Finnish director Aki Kaurismaki's film *The Man Without a Past*(2002); and short stories by Norwegian authors Cora Sandel and Camilla Collett. Students should obtain a copy of *Out Stealing Horses*; all other material provided by instructor.

Katherine Hanson currently an Affiliate Associate Professor in the Department of Scandinavian Studies at the University of Washington. 4 sessions.

Stellar Evolution

Linda Khandro

C956 2/22/21–3/15/21
Mondays 1:00pm–3:00pm
Online \$56

Stars are the source of life, and each star has its own "lifespan." In this presentation we will see how stars are "born", how and why they change as they age, and ultimately how they "die." In the process we will see how all life is itself, a product of stars and their evolution. What do we mean when we say "we are stardust" (with thanks to Carl Sagan and Joni Mitchell)? Join us to find out!

Linda Khandro, MAT, is a geologist with over 25 years teaching college earth and space sciences in the Seattle area: astronomy, astrobiology, environmental science, geology,

meteorology and oceanography. 4 sessions.

The U.S. and the World: Where To Now?

Roger Meece

C870 3/2/21–3/9/21
Tuesdays 10:00am–12:00pm
Online \$28

As the U.S. enters a new Presidential term, this course will examine the prospective direction and priorities for U.S. foreign policy, the status of U.S. alliances and general relations in the world, and prospective priorities and potential key appointments for the next four years. Contextual factors will also be discussed including the status and conditions of U.S. foreign policy institutions, potential Congressional priorities and its oversight role, and the general standing of the U.S. in the world following four tumultuous years.

Roger Meece has had extensive international experience as a Peace Corps Volunteer and staff in several countries, U.S. career diplomat including two appointments as Ambassador/Chief of Missions (Republic of Malawi and the D.R. Congo), and head of the U.N. peacekeeping mission in the D.R. Congo from 2010 - 2013. Roger has been a speaker and participant in various fora in the U.S. and overseas, including the Institute of Peace and

Wilson Center (Washington DC), and the Center for Conflict Resolution (Cape Town), as well as being a past instructor for CRI. He currently serves on the board of the Seattle World Affairs Council and chairs the Foreign Service Retirees Association of Washington State. 2 sessions.

Viral Threats and Promises

Hilary Kemp

C892 2/26/21–3/5/21
Fridays 1:00pm–3:00pm
Online \$28

This course reviews what viruses are, how they differ from bacteria, and how they are transmitted, viral pandemics with a focus on covid-19 and flu, and the utility of viruses in research and development of therapeutics. Dr. Kemp has a BSc in genetics (University of Alberta, 1994), and obtained a PhD in molecular biology (University of Oregon, 2003).

Dr. Kemp was a research scientist at the Hutchinson Cancer Center and UW and currently teaches biology at Everett and Edmonds colleges. She also teaches salsa, cha cha and line dancing, formerly in downtown Everett and currently livestreaming from her living room. She lives in North Everett with her partner, mother-in-law, two cats, a dog, and a very active toddler. 2 sessions.



A Creative Retirement Institute Zoom screen program in action :)

Registration: What You Need to Know

- Registration begins online on at **6:00 am November 16** at www.edcc.edu/cri.
- All Winter 2021 classes will be online using Zoom.
- Registration Fee is quarterly and is required to register for classes.

There are two preferred easy ways to register:

1. Online

Go to www.edcc.edu/cri. Click on Register and login with your existing Campus CE account or, if you are new to CRI, set up a new account. Then click on View Winter Classes. That will show you all the classes for Winter. Purchase of the Registration Fee will open the “Add to Cart” buttons for all classes. Please call the CRI office at 425-640-1830 or email us at cri@edcc.edu for questions regarding online registration.

2. By Phone

Call 425-640-1830 and leave a message, including your return phone number. We will call you back and take your registration information over the phone.

Withdrawals and Refunds

Classes offered by the Creative Retirement Institute are self-supported and receive no state funding. Requests for refunds of course fees will be accommodated if notice of withdrawal is given at least **two business days prior to class start** unless otherwise indicated. There will be a \$10 class drop fee for each class refunded. Edmonds Community College’s policy is that **only registered students may attend classes. This means that you may not transfer your registration to another individual.**

Is Cost a Factor?

Is there a class you’d like to take but don’t feel you can squeeze the cost out of your budget? Through generous donations, a fund has been established to help increase the opportunity to experience the CRI classes. Funds will be awarded as money is available. The names of applicants will be strictly confidential.

Please contact Ulyana Pyzo at 425-640-1830 or email cri@edcc.edu for more information.

CRI Contact Information

Phone: 425-640-1830 (leave a message)

Email: cri@edcc.edu

No Office Hours available during this time. Please call and leave a message or email.