

COUNSELING AND RESOURCE CENTER
PROUDLY PRESENTS

Wellness Groups

★ *Support Group for Non-Traditional Students*
Wednesdays from 1:30P - 2:30P

★ *Self Compassion Group*
Thursdays from 2 - 3P Jan. 20th - March 10th

To sign up and receive a link to our virtual meetings, please email
Edmonds Counseling and Resource Center at counseling@edmonds.edu.

Visit our Website: edmonds.edu/counseling/

Visit our Youtube Channel: Edmonds Counseling